HEALTHY SALSA RECIPE



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Well let me tell you this salsa is amazing and bursting with summer freshness. Not to toot my own horn, but my husband thought it was the best salsa he ever had. He even made that his Facebook status, so it must be true Anyway back to the salsa. You can make it as chunky or as smooth as you want.

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In this healthy salsa recipe, tomatillos are softened on the grill and slightly charred for smoky flavor. To vary the heat in this salsa recipe, use 1 teaspoon of chipotle powder for mild and up to 3 for a little kick in the pants.

Serve with grilled chicken, steak and fish or use as sauce for tacos, enchiladas or tostadas.

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This fresh and healthy tomato salsa recipe from Jamie Oliver is perfect for the summer; easy to prepare, it is a great for dunking or as a side dish.

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